

MENU



MAINS

The Sprig Fish and Chips (G.F.)	22
Tartar Sauce, Mushy Peas, Grilled Lemon	
Pork and Chorizo Burger	22
Harissa Mayo, Sweetcorn and Red Pepper Relish, Slaw, Truffle Fries	
Cumin Roasted Cauliflower Biriani (Vegan) (G.F.)	20
Tomato, Cashews, Cucumber and Coconut Raita	
Pan Roasted Atlantic Sea Trout	28
Basil, Lemon and Pinenut Cous Cous, Fennel	
Heritage Tomato and Pesto Risotto (G.F.) (V)	22
Lemon, Thyme, Parmesan	

FROM THE GRILL

10oz Sirloin Steak (G.F.)	38
10oz Venison Steak (G.F.)	35
10oz Pork Loin Chop (G.F.)	26

ALL SERVED WITH

Grilled Vine Tomatoes, Petit Pois and Smoked Pancetta Fricasee, Aspen Fries

CHOICE OF

Peppercorn Sauce, Café de Paris Butter, Pesto

MENU



SMALL PLATES

Soup of the Day (Vegan)	8
Homemade Olive Focaccia	
Ham Hock Terrine (G.F)	12
Piccalilli, Cider Jelly, Cheddar, Raisin	
Crispy Artichoke Scampi (Vegan)	11
Lime Tartar Sauce, Crushed Peas, Baby Gem	
Spicy Paneer Cheese (V) (G.F)	11
Peas, Tomato, Coriander	
Smoked Mackerel and Horseradish Pate	12
Beetroot Relish, Rhubarb Ketchup, Oatcakes	
Organic Isle of Skye Hot Smoked Salmon (G.F)	13
Lemon Crème Fraiche, Pickled Cucumber, Treacle Bread	

MENU



SIDES

Homemade Olive Focaccia, Olive Oil, Balsamic, Pesto (V)	8
Lime & Chilli Sautéed Greens (V) (G.F.)	7
House Salad (Vegan) (G.F.)	6
Beef Fat Roast Potatoes & Gravy (G.F.)	7
Hand Cut Chunky Chips (Vegan) (G.F.)	6
French Fries (Vegan) (G.F.)	5
Truffle and Parmesan Fries, Chive (G.F.)	7
Fennel Coleslaw (Vegan) (G.F.)	5

MENU



DESSERTS

Sticky Toffee Pudding (G.F.) (V)	11
Toffee Sauce, Homemade Vanilla Ice Cream	
Lemon Posset (G.F.) (V)	11
Blueberry, Ginger Parkin	
The Sprig Banana Split (Vegan) (G.F)	11
Coconut and Maple Ice Cream, Coconut, Chocolate	
Pecan Pie (Vegan)	12
Rum and Raisin Ice Cream, Espresso, Rum-Soaked Raisins	
Homemade Ice Cream and Sorbet (G.F)	9
See Board For Todays Selection	
Coffee and Sweets (V)	9
Choice of Tea and Coffees with Handmade Sweets	

KIDS MENU

£13.50



MAINS

Penne Pasta (V)

Pesto, Cherry Tomato, Parmesan

Fish and Chips (G.F.)

Peas, Tartare Sauce, Lemon

Grilled Pork Chop (G.F.)

Fries, Salad

DESSERTS

Chocolate Brownie Ice Cream Sundae (V) (G.F.)

Cream, Chocolate, Vanilla Ice Cream

Fresh Fruit Bowl (Vegan) (G.F)

Homemade Sorbet